THOUGHTS

FROM

EARNEST WOMEN

ARRANGED BY

THE WOMEN'S LITERARY CLUB

DUNKIRK, N. Y.

SYRACUSE, N. Y.

C. W. BARDEEN, PUBLISHER

1891

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Books of Reference.

The distinctive feature of a scholar’s library is the large proportion of its books of reference. Education does not fill up a man with information; it teaches him where to go for information when he wants it, and gives him the habit of going for it when he wants it. This requires that he have at hand the books he will most frequently refer to. After the dictionary, among those most important to the teacher are the following:


This compares with other books on education as the dictionary compares with the spelling-book. The latter is useful, but the former is indispensable. In the latter you may find the word you want; in the former you are sure to. This is a day when teachers must be well informed. Here are some of the topics you may be asked questions about, or may want to inform yourself about: Pestalozzi, Comenius, Object Teaching, Ascham, Frebel, Thomas Arnold, The Kindergarten, Horace Mann, School Management, Industrial Education, School Economy, German Schools, School Law, Stoic, etc., etc. You may be sure you can find all of these topics and scores more like them in this book. It is the Pedagogical Unabridged Dictionary, and every energetic teacher must have it.


It is not meant for lawyers, but for those who are not lawyers. It gives clearly and simply the provisions of the law that concern every man, and of which it sometimes costs a man a good deal to be ignorant. Capitalists often make their sons regularly admitted lawyers, not with any view to practice, but that they may be able to protect the property they will inherit. Even the man of little property, or dependent on a salary from which he can not save much, should know the most important features of the law. The little needs protection even more than the much, for loss is more disastrous.


For acquiring an extensive vocabulary that will enable one to use just the right word in the right place, this work has no equal. For illustration of its usefulness, see Bardeen’s *Complete Rhetoric*, pp. 401-433.


“In these days of slang and careless speech there is great use for a book of this kind, and teachers should have a copy lying on their desk in the school-room, ready for constant reference. The writer for the press, public speakers, and all people generally will find this little manual exceedingly valuable."—*No. Carolina Teacher*.

“I am very much pleased with it, and shall have it at once placed on our library list and made one of the requisites for the teacher’s desk.”—Supt. C. T. Meredith, Ventura Co., Cal.

C. W. BARDEEN, Publisher, Syracuse, N. Y.
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Selections for Memorizing.

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The best apology I can make for my delay in answering your letter is to send you the enclosed check for 135 sets of Memory Selections. I shall probably call for an additional supply. I wish these selections could be used in every home and in every school-room throughout the land. They will surely accomplish much good, both intellectual and moral.—D. B. Hagar, principal State Normal School, Salem, Mass.

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C. W. BARDEEN, Publisher, Syracuse, N. Y.
MEN, I think, will remember us, even hereafter.

_Sappho._

She openeth her mouth with wisdom; and in her tongue is the law of kindness.

_King Lemuel's Mother._

The proper sphere for all human beings is the largest and highest which they are able to attain to.

_Mrs. John Stuart Mill._

Every new book we read, every new man we meet, our hearts beat with expectation!

_Anna E. Dickinson._

No gift can make rich those who are poor in wisdom.

_Julia Ward Howe._

Understand this first, last, and always: _The world wants the best thing._ _It wants your best._

_Frances E. Willard._

Be sure no earnest work
Of any honest creature, howbeit weak,
Imperfect, ill-adapted, fails so much,
It is not gathered as a grain of sand
To enlarge the sum of human action used
For carrying out God's end.

_Elizabeth Barrett Browning._
IT is a notable fact, that, among the best house-keepers, the neatest needle women, the most discreet managers of their own and others’ affairs, are ladies whose names the world cons over in library lists and exhibition catalogues.

*Dinah Muloch Craik.*

Make your best thoughts into action.

*Madame Necker.*

I pluck up the good lissome herbs of sentences by pruning, eat them by reading, digest them by musing, and lay them up at length in the high seat of memory.

*Queen Elizabeth.*

When shall we learn that, while honor is for the dead, gratitude can only be for the living.

*Emily Faithful.*

The most dangerous of all flattery is the inferiority of those about us.

*Madame Swetchine.*

Authority without wisdom is like a heavy axe without an edge, fitter to bruise than to polish.

*Anne Bradstreet.*

The fortunate
Is he whose earnest purpose never swerves,
Whose slightest action or inaction serves
The one great aim. Why, even Death stands still,
And waits an hour, sometimes, for such a will.

*Ella Wheeler Wilcox.*
It is said in some of the secret books of the Hindoos that, once on a time, there was a woman who wielded great power over the assembly of sages, and even held conversation with one of the greatest philosophers of that time. Afterwards it was thought best by our men to keep the women completely in ignorance, so that they might have more power over them.

*Pundita Ramabai Sarasvati.*

A sacred burden is this life ye bear,
Look on it, lift it, bear it solemnly,
Stand up and walk beneath it steadfastly,
Fail not for sorrow, falter not for sin;
But onward, upward, till the goal ye win.

*Frances Anne Kemble.*

The world would be much better off if the pains taken to analyze the subtlest moral laws were given to the practice of the simplest.

*Marie Ebner-Eschenbach.*

Her only reply was, that 'books were very well if anybody could get time to read.' Time! time indeed! And how long did she tell me herself she had stood that very day rolling out piecrust?

*Abby Morton Diaz.*

There is no place on earth for a woman who deems her work to be done.

*Leonora M. Barry.*

One golden day redeems a weary year.

*Celia Thaxter.*
WHEN Miss Nightingale, with her forty faithful attendants, sailed from the shores of England, it meant more for the advancement of the world, more for its future history, than all the fleets of armies and navies, cannon and commissary munitions of war and regiments of men, that had sailed before her in that vast campaign.

*Clara Barton.*

He who feels excessive joy feels also excessive grief.  
*Madame de Sévigné.*

They said, 'He feeds himself on visions,' and I denied not; for visions are the creators and feeders of the world.  
*George Eliot.*

It is supposed to be the most impossible thing in the world for a parent to give his son a stone for bread or a serpent for a fish. But scores of fathers, in the higher ranks, give their daughters diamonds when they crave for education.  
*Frances Power Cobbe.*

In the day of their bitterest need, all souls are alone.  
*Olive Shreiner.*

Half the misery in this world comes of want of courage to speak and to hear the truth plainly and in a spirit of love.  
*Harriet Beecher Stowe.*

Was there ever a woman without vanity? or a man either? only with this difference, that among gentlemen the commodity is generally styled ambition.  
*Caroline Lucretia Herschel.*
SUFFER me to recommend to you one of the most useful lessons of life, the knowledge and study of yourself. There you run the greatest hazard of being deceived. Self-love and partiality cast a mist before the eyes.  

Abigail Adams.

No woman can give her hand with dignity, or her heart with loyalty, until she has learned how to stand alone.

Margaret Fuller.

Flattery hurts not him who flatters not himself.

Hannah More.

Consider seriously whether the syrup of your preserves or the juices of your own soul will do the most to serve your race.

Gail Hamilton.

Glory is more easily satisfied than honor because the more a man dazzles by his liberality, the less we dream of asking whether he pays his debts.

Madame Guizot.

The little girls on the school bench, using or misusing their weekly allowance, are learning to build their future house, or pluck it down.

Julia Ward Howe.

If I were able, I would change the public sentiment so radically, that no girl should be considered well-educated, no matter what her accomplishments, until she had learned a trade, a business, a vocation, or a profession.

Mary A. Livermore.
WHILE seeking to enlarge the interests of women’s lives, and to a certain extent to change the type of the ideal woman, let us be very careful to “Hold fast that which is good” in the old ideal of womanhood. Do not let pity and gentleness, purity and compassion, be ousted from their throne. They are not inconsistent with courage and determination.

Millicent Garret Fawcett.

Light—God’s glorious shadow.

Adelaide A. Proctor.

Now beware the mediocrity that threatens middle age, its limitations of thought and interest, its dullness of fancy, its too external life and mental thinness.

Margaret Fuller.

Bid the world come up to your truth; never take your truth down to the world’s level.

Rev. Anna H. Shaw.

I perceive
The headache is too noble for my sex,
You think the heartache would sound sweeter,
Since that’s the woman’s special, proper ache,
And altogether tolerable, except
To a woman.

Elizabeth Barrett Browning.

Could you but see the beauty of a rational soul you would sacrifice your life a hundred times, were it necessary, for its salvation. Naught in this material world is comparable to its beauty.

St. Catherine of Sienna (1347–1380).
No mockery in this world ever sounds to me so hollow as that of being told to cultivate happiness.

Happiness is not a potato, to be planted and tilled. Happiness is a glory shining far down upon us out of Heaven. She is a divine dew which the soul, on certain summer mornings, feels dropping upon it from the Amaranth bloom and golden fruitage of Paradise.

Charlotte Bronté.

Bodily evil is soul’s physick.

Allison Cockburn (1712-1794).

He who feels the noble sentiment of poetry is a true poet, though he may not have made a verse in all his life.

George Sand.

Next to the virtue, the fun in this world is what we least can spare.

Agnes Strickland.

Truth for authority, not authority for truth.

Lucretia Mott.

The surrounding is born out of the living. The Lord, up there, lets the saints make their own glory.

Adeline D. T. Whitney.

Leisure will always be found by persons who know how to employ their time; those who want time are the people who do nothing.

Madame Roland.

Ignorance when voluntary is criminal.

Dr. Anandabai Joshee.
THAT self-abnegation is not a virtue which urges the nearest, and, on the whole, the easiest, rather than the highest duty. The woman who has a definite line marked out for her in her natural gifts has a duty as imperative as that which the family tie imposes.

Maria Mitchell, LL.D.

The laws of nature are not discovered by accidents; theories do not come by chance, even to the greatest minds; they are not born of the hurry and worry of daily toil; they are diligently sought, they are patiently waited for, they are received with cautious reserve, they are accepted with reverence and awe.

Maria Mitchell, LL.D.

When I see a woman put an exquisitely fine needle at exactly the same distance from the last stitch at which that last stitch was from its predecessor, I think what a capacity she has for astronomical observations. Unknowingly, she is using a micrometer; unconsciously, she is graduating circles. And the eye which has been trained in the matching of worsteds is specially fitted for the use of the prism and spectroscope.

Maria Mitchell, LL.D.

Do not forget the infinite in the infinitesimal.

Maria Mitchell, LL.D.

“Bring forward the young woman.” The next score of years is in her hands, and in ours only as we lift up hers. For us it is now the cheerful endurance of patient pilgrimage; for the young woman it is the struggle, step by step, for new footholds. The future of Woman is with her, and not with us, whose eastward falling shadows are so rapidly lengthening.

Maria Mitchell, LL.D.
I am now, in my 92d year (1872), still able to read books on the higher algebra for four or five hours in the morning, and even to solve the problems. Sometimes I find them difficult, but my old obstinacy remains, for if I do not succeed to-day, I attack them again on the morrow.

Mary Somerville.

Society is like a large piece of frozen water; and skating well is the great art of social life.

L. E. L.

Faithful women err in this that they think themselves the sole faithful of God's creatures.

Charlotte Brontë.

Beware of over-great pleasure in being popular or beloved. As far as an amiable disposition and powers of entertainment make you so, it is a happiness, but if there is one grain of plausibility, it is a poison.

Margaret Fuller.

It is the saddest of all that even one soul should dimly perceive the beauty that is ever around us, a perpetual benediction.

Lydia Maria Child.

Even success needs its consolations.

George Eliot.

All pleasures are commendable that do not culminate in regret.

Madame de Maintenon.

Never fear but the larger opportunity will make itself, if you take advantage of the smaller one, and do your best in it.

Jennie C. Croly.
Who waits until the wind shall silent keep
Will never find the ready hour to sow.
Who watcheth clouds will have no time to reap.
At day dawn plant thy seed, and be not slow
At night. God doth not slumber take nor sleep.
Which seed shall prosper thou canst never know.

_Helen Hunt._

A man who is proud of small things shows that small things are great to him.

_Madame de Girardin._

But if the mind
Be inclined
To unquietness,
That only may be called
The worst of all distress.

_Ann Collins (1650)._ 

Let your ideal run before you, and do you run after it.
(To American women.)

_Calliope Kechayia._

No evil dooms us hopelessly except the evil we love,
and desire to continue in, and make no effort to escape from.

_George Eliot._

Above all things that women need to-day in their reform work is thorough organization, and to this end we must cultivate some _esprit de corps_ of sex, a generous trust in each other.

_Elizabeth Cady Stanton._

I have never wished to separate patriotism from truth and justice.

_Concepcion Arenal._
IT is a change of ideals that is needed; a simplification of all living; a refusal to own any good which cannot be shared, and the solemn purpose to make larger life possible, not only for those who crave it, but for those who may even reject it.

Helen Campbell.

And I smiled to think God’s greatness
Flowed around our incompleteness,
Round our restlessness, His rest.

Elizabeth Barrett Browning.

We must walk barefoot over pride if we would overcome it.

Brigitta Brahe (St. Bridget).

The amount of knowledge, the measure of wisdom, which would suffice to render a youth of sixteen or eighteen years very interesting would not make the man of thirty very entertaining; it would be highly attenuated at forty years; it could not be detected at fifty.

Mary A. Ripley.

Despite our most conscientious endeavor to “go on cutting bread and butter,” it is on ideals that the world’s starvation feeds.

Elizabeth Stuart Phelps.

Oh, it is the grand happiness of existence when one can break through one’s circumstances by a strong will as Samson burst the cords of the Philistines!

Jane Welsh Carlyle.
To be thoroughly in earnest, intensely in earnest in all my thoughts and in all my actions, whether in my profession or out of it, became my one single idea. And I honestly believe herein lies the secret of my success in life.

*Charlotte Cushman.*

Be thankful, my daughter, if your own soul has been spared perplexity, and judge not those to whom a harder lot has been given.

*George Eliot.*

Remember that, no matter what you intend to become, you cannot avoid apprenticeship.

*Elizabeth Stuart Phelps.*

What matters it, what is done to me, if I can but give the faintest impulse to what is just, true and permanent.

*Harriet Martineau.*

The spirit of liberty and equality is like rising water; it cannot mount in one portion of society without reaching the same level in every part.

*Marie Zebrikoff.*

With all due respect for brains, I think women cannot be too early taught to respect likewise their own ten fingers.

*Dinah Mulock Craik.*

Strength—the sorrow-born.

*Adah Isaacs Menken.*

There are not two standards of right and wrong, one for man, and one for woman.

*Mary A. Livermore.*
SPITE of all treatises that have lately appeared, we hold to the opinion that one thorough season of house-cleaning is sufficient to prove the existence of awful and mysterious differences between the sexes.

Harriet Beecher Stowe.

You work not only for the women of your country, but for the women of the whole world.

(To American women.) Allie Trygg of Finland.

We look into the mysteries of God when we see how divine a human soul can be.

Margaret Deland.

However distinguished a man may be, he rarely feels unqualified pleasure in the superiority of a woman.

Madame de Staël.

I can’t starve my soul for the sake of my body.

Louise May Alcott.

To be suspected as an enemy is often enough to make a man become so.

Madame de Sévigné.

If you could throw as alms to those who would use it well the time that you fritter away, how many beggars would become rich.

Carmen Sylva.

Our educated young women are no longer content to be counted politically with idiots and criminals.

Lucy Stone.
How much better it is to sleep on the grass in the shade than to sleep in gilded beds with purple curtains; to feel the heart tranquil, cheerful and pure, rather than to hear, even with choicest music, the roar of marching armies.

Vittoria Colonna.

People are never so near playing the fool as when they think themselves wise.

Lady Mary Wortley Montagu.

Hast thou beheld the deep, glad eyes of one Who has persisted and achieved? Rejoice! On naught diviner shines the all-seeing sun.

Emma Lazarus.

Get work; get work; Be sure ’tis better than what you work to get.

Elizabeth Barrett Browning.

So certain it is, that the little occupations of everyday life possess an often wonderful power to dissipate trouble.

Frederika Bremer.

Mother-love works magic for humanity, but organized mother-love works miracles.

Frances E. Willard.

Woman has been faithful in a few things. Now God is going to make her ruler over many things.

Susan B. Anthony.
PHYSIOLOGISTS tell us that it is impossible to stretch out the arm by force of will, with the same power as when contending against an obstacle, and for this reason are we placed in this scene of conflict and struggle to develop our forces by the actual battle of life.

Ednah D. Cheney.

It is the poet’s glory, to insure immortality to heroes.

Bettina von Arnim.

A mother’s child is but an incident in her life. Love it as she will, it will grow up; and in a few years it is gone. But a life work remains for a life time!


True morality is not in purple patches, but woven in through the very texture of the stuff.

Maria Edgeworth.

I wish that it could be said of one of my sex that she knows a hundred things of which she does not boast, that she has a clear mind, that she is able to appreciate fine works, that she speaks well, that she writes correctly and that she knows the world.

Mlle. de Scudéry (1607–1701).

If we are to build for the future America, we must, though we never ourselves give up growing into more shapely stature, give our main attention to the girls who are to be women hereafter.

Anna C. Brackett.
THE growing good of the world is partly dependent on unhistoric acts; and that things are not so ill with you and me as they might have been, is half owing to the number who lived faithfully a hidden life, and rest in unvisited tombs.

George Eliot.

Heredity, the moulding force of circumstance, the iron hold of the past upon the present.

Mrs. Humphrey Ward.

At last, after long ages, there seems to be a great change, coming over the destiny of women.... What is it which must determine whether this great change, fraught with such infinite consequences to humanity, will be a benefit or an injury, a blessing or a curse? It must be the conduct of women themselves during the great transition.

Frances Power Cobbe.

The world as it is is growing somewhat dim before my eyes; but the world as it is to be looks brighter every day.

Harriet Martineau.

Measure not the work
Until the day’s out and the labour done;
Then bring your gauges. If the day’s work’s scant,
Why, call it scant; affect no compromise;
And, in that we have nobly striven at least,
Deal with us nobly, women though we be,
And honour us with truth if not with praise.

Elizabeth Barrett Browning.
It is better to live fifty years now than five hundred years at any previous period.

Mary A. Livermore.

Have courage, and remember that to attempt much is to learn much. The horizon mounts with the eye of the climber.

Amelia B. Edwards, LL.D.

Few, very few are they who, “noble in reason,” and conscious of being “infinite in faculties,” have faith to look before and after—faith to go on to “reverence the dreams of their youth”—faith to appeal to the godlike human mind yet unborn—the mind which the series of the coming centuries is to reveal.

Harriet Martineau.

It is worse to be poor in mind than poor in purse.

Frances Power Cobbe.

Scorn trifles, lift your aims; do what you are afraid to do.

Mary Moody Emerson.

What we truly and earnestly aspire to be, that in some sense we are.

Anna Jameson.

Once a soul, forever a soul,—mean or mighty, shrivelled or full, it is for you to say. Gail Hamilton.

It is not so much what comes to you as what you come to, that determines whether you are a winner in the great race of life. Never forget that the only indestructible material in destiny’s fierce crucible is character. Say this, not to another—say it to yourself; utter it early, and repeat it often: Fail me not, thou.

Frances E. Willard.
No parent should feel a pride of power. A tender sorrow, a most sympathizing regret, alone should appear at the transgression of a child, who comes into the world with an involuntary inheritance of centuries of fallen Adams to struggle with.

Sophia Hawthorne.

A mathematical formula is a hymn of the universe.

Maria Mitchell, LL.D.

It belongs to every large nature when it is not under the immediate power of some strong unquestioning emotion, to suspect itself, and doubt the truth of its own impressions, conscious of possibilities beyond its own horizon.

George Eliot.

High virtue is true royalty, more than crown, scepter, or regal mantle.

Vittoria Colonna.

A man has no more right to say he supports his wife, than he has to say he supports his partner or his clerks.

Helen Ekin Starrett.

The prosperity of a nation depends upon the health and morals of its citizens, and the health and morals of a people depend mainly upon the food they eat and the houses they live in. The time has come when we must have a science of domestic economy, and it must be worked out in the homes of our educated women. A knowledge of the elements of chemistry and physics must be applied to the daily living.

Ellen H. Richards, A.M., S.B.

All forms of self-pity, like Prussian blue, should be sparingly used.

Elizabeth Stuart Phelps.
I've nothing to say against housework, for many women do too little of it. If we must stay in the house, some exercise is better than all sitting still, and it need not hinder mental culture. But when the proportions are unequal,—when there is more work than there is woman, the question is, which shall give way, woman, or work?

*Abby Morton Diaz.*

Learn to resist and fight, for you will acquire nothing without trouble, and the prize is awarded to the conqueror alone.

*St. Margaret of Alacoque.*

To be a worker is to be a part of the useful life of the world—to be a good worker is to be part of the ministry of God.

*Jennie June.*

The solitude of every human soul, alike in our moments of exultation and humiliation, in our highest joys and deepest sorrows, into which no other one can ever fully enter, proves our birthright to supreme self-sovereignty.

*Elizabeth Cady Stanton.*

A great career is a cross heavy to carry, and glory a crown of thorns.

*George Sand.*

Wrong thought, at least, shows life; and if there is vital force, there is hope that it may find true guidance—that it may be rectified. But for a dead mind there is no hope.

*Mary A. Ripley.*

God's plans like lilies pure and white unfold,
We must not tear the close-shut leaves apart,
Time will reveal the calyxes of gold.

*May Riley Smith.*
RENUNCIATION has its own place, but the low is not made high by levelling the high. Rather it must be lifted till the same horizon stretches before both; nor can such lifting come till consciousness is born that there is such an horizon and that to know it they must climb.

Helen Campbell.

The soul that is in earnest, will not stop to count the cost.

Adah Isaacs Menken.

If we exert our influence in the direction of its strongest natural bias, if we cultivate the power to say No to such appeals as do not enlist our honest judgment; our Yes, when it comes, will be the strong ringing cry of sympathy for earth's oppressed and forsaken, not a mere polite murmur of concession to outside circumstances. Only so can it benefit ourselves or the objects of our care.

Helen Hiscock Backus, A.M.

I do not ask that flowers should always spring
Beneath my feet;
I know too well the poison and the sting
Of things too sweet.

Adelaide Proctor.

Gossip, pretending to have the eyes of an Argus, has all the blindness of a bat.

Ouida.

Certainly, at some hour, though perhaps not your hour, the waiting waters will stir; in some shape, though perhaps not the shape you dreamed, which your heart loved, and for which it bled, the healing herald will descend.

Charlotte Bronté.
Let me in the name of the Master, say to the young women: If you have a bit of truth, hold fast to that which God has given you; let no power, no injustice, no obstacle, no scorn, no opposition, let nothing extinguish this flame.

Rev. Anna H. Shaw.

Glory is not to be won without danger.

Isabella of Castile.

It becomes not only the privilege, but the sacred duty of every woman to cultivate and utilize her highest gift. There is no more practical form of philanthropy than this, for everyone who makes a place for herself higher up, leaves one lower down for some other woman who, but for the vacancy thus afforded her in the world's close-crowded ranks might be tempted into paths of sin.

Frances E. Willard.

The sense of this word among the Greeks affords the noblest definition of it: enthusiasm signifies God in us.

Mme. de Staël.

Plain dealing is easiest and best.

Jane Porter.

The constant thumping fate gives me, may be a mellowing process, so I shall be a ripe and sweet old pippin before I die.

Louisa May Alcott.

The deathless beautiful draws strangely nigh,
And we look up, and marvel how so long
We were content to drudge for sordid joys that die.

Florence Earle Coates.
WHATSOEVER I do else, but learning, is full of grief, trouble, fear, and whole misliking unto me. And thus my book hath been so much my pleasure, and bringeth daily to me more pleasure and more, that in respect of it, all other pleasures in very deed be but trifles and troubles unto me.

Lady Jane Grey.

Women do not often have it in their power to give like men, but they forgive like Heaven.

Mme. Necker.

If I have an antipathy for any class of people, it is for fine ladies.

Jane Welsh Carlyle.

Could I deceivc one minute, I should never regain my own good opinion; and who could bear to live with one they despised.

Lady Mary Wortley Montagu.

Soft, my sister! not a word!
By speaking we prove only we can speak;
Which he, the man here, never doubted. What
He doubts is whether we can do the thing
With decent grace we’ve not yet done at all.
Now, do it; bring your statue,—you have room!

Elizabeth Barrett Browning.

What sort of earth or heaven would hold any spiritual wealth in it for souls pauperized by inaction?

George Eliot.

I beg you to take courage; the brave soul can mend even disaster.

Catherine of Russia.
If men have done grandly, what will they not do with
women to help them? The whole is better than the
half, and there is the argument for woman suffrage
in a nut-shell.

Mary A. Livermore.

Accursed be he who sins in ignorance, if that ignorance
be caused by sloth.

Margaret Fuller.

The human soul with its awful shadow makes all
things sacred.

Harriet Beecher Stowe.

There is in almost every society a detracting way (that
is the exact word) of treating absent persons which it
behooves every good-natured woman to check by the
the simple well-bred expedient of merely looking bored.
Frances Power Cobbe.

All the nations of the world are represented in the
choirs of Jerusalem.

Paula.

Let me try to do my duty, whether I be victor or
victim.

Dr. Anandabai Joshee.

Of a’ roads to happiness ever were tried
There’s nane half so sure as ane’s ain fireside.
Elizabeth Hamilton (1758–1816).

The thing I find chiefly to be guarded against is indo-

lence, or the habit of filling up time with trifling occu-
pations which unfit the mind for any strenuous effort.
Lucy Aiken.
The way to obtain recognition is to go ahead; to quietly, persistently make one's self worthy of it. If it comes, well and good; if it does not come, it is something to prove one's self worthy of it.

*Maria Mitchell, LL.D.*

Work! work! this is my unfailing cure for all troubles.

*Lydia Maria Child.*

Women will never be properly written in history until they do that work themselves.

*Susan B. Anthony.*

Consequences are unpitying.

*George Eliot.*

The man who will not execute his resolutions when they are fresh upon him can have no hope from them afterward.

*Maria Edgeworth.*

Nobody can git any water by breakin' up a chunk of ice with a axe; not a drop; you have got to thaw it out gradual; jest like men's and wimmen's prejudices in the cause of Wimmen's Rights.

*Mariette Holley.*

The coming of Wyoming (July 10, 1890), marks an epoch. This comparatively unheralded advent is the beginning of a new world for women, and it will be a new world for the racc.

*Lucy Stone.*

When anger spreads through the breast, guard thy tongue from barking idly.

*Sappho.*
IT does not make a thing good, that it is remarkable
that a woman should have been able to do it. Neither
does it make a thing bad, which would have been
good had a man done it, that it has been done by a
woman. Oh! leave these jargons and go your way
straight to God's work, in simplicity and singleness of
heart.

Florence Nightingale.

Believe me, the qualities of a statesman are needed
to rule a house well.

Helen Dawes Brown, A.M.

Live poor, go hungry, go cold, suffer any amount of
privation and discomfort, but do not fail in what you
undertake, nor be satisfied with anything less than the
first excellence.

Anna Catherine Green.

The contemplation of the works of creation elevates
the mind to the admiration of whatever is great and
noble; accomplishing the object of all study.

Mary Somerville.

The greatest woman mathematician of any age, Mary
Somerville, was renowned for her good house-keeping.

Frances Power Cobbe.

Kind er hit-er-miss pattern we are all on us livin' on;
'taint much use tryin' ter reckon how'lt 'll come aout;
but the breadths does fit heaps better'n yer'd think.

H. H.

If thou have not time to do me justice, thou hast not
time to be a king.

A woman to King Philip.
MORALE PROVERBS,
BY CHRISTINE DE PISAN.

From the reprint, in the British Museum, of the original edition of William Caxton, A.D. 1478.

Christine de Pisan (1363–1420), born in Italy and reared in France, was probably the first woman in Western Europe who sought to live by her pen. She presented herself as the champion of her sex and of public morals against the attacks of the Roman de la Rose, and the licentious spirit which was daily gaining ground.

Thomas Wright.

Ye grete vertus of our elders notable
Ofte to remember is thing profitable.

A happy home is where dwelleth Prudence
For where she is Raison is in preference.

A fool can preyse nought for lak of Raison
And a wise man hath noo presumpcion.

Grete dillegence with a good Remembrance
Dooth a man often to hygh honneur advance.

Happy he is that can dispose his lyff
Justly in truthe without envye or stryff.

Rather to bowe than breke is profitable
Humylite is a thing commendable.

Goodly raisons not well taken ne construde
Seemeth flowers caste emong bestis rude.
A MIND which learns to be satisfied with what it already is; which does not incessantly look forward to a degree of improvement not yet reached, —becomes relaxed, self-indulgent, and loses the spring and the tension which maintain it even at the point already attained.

*Mrs. John Stuart Mill.*

Only a wife can know a wife’s trials.

*Xantippe.*

The ideal of woman cannot be lowered without that of manhood suffering also.

*Ednah D. Cheney.*

The complete submission of women under the Hindu law has in the lapse of millenniums of years converted them into slavery-loving creatures. They are glad to lean upon any one and be altogether dependent, and thus it has come to pass that their sons, as a race, desire to depend upon some other nation, and not upon themselves.

*Pundita Ramabai Sarasvati.*

Good looks are a snare, especially to them that haven’t got ’em.

*Adeline D. T. Whitney.*

The highest discipline of life makes us suffer for our mistakes as well as for our crimes.

*Amelia E. Barr.*

Let us shun everything which might tend to efface the primitive lineaments of our individuality. Let us reflect that each of us is a thought of God.

*Mme. Swetchine.*
YOUNG women say, 'It is our duty to look pretty'; and one would suppose, from the attention paid to it, that it was the highest duty. In the very homes whose walls are unadorned with pictures, and whose book shelves contain no standard works, the wardrobe is defended on aesthetic grounds.

Maria Mitchell, LL.D.

In whatever you may undertake, never sacrifice quality for quantity, even when quantity pays and quality does not.

Julia Ward Howe.

Too short a century of dreams,
One day of work sufficient length;
Why should not you, why should not I,
Attain heroic strength?

Christina G. Rossetti.

Laws that can be set at naught are among the most demoralizing of influences which can curse a nation; and their effects are hardly less disastrous in the nursery.

Juliana Horatia Ewing.

There is no sex in vanity.

Abby Morton Diaz.

Life never seems so clear and easy as when the heart is beating faster at the sight of some generous, self-risking deed. We feel no doubt then what is the highest prize the soul can win; we almost believe in our own power to attain it.

George Eliot.

There is nought better than to be with noble souls in company.

Savitri, (India).
To be thoroughly in earnest, intensely in earnest in all my thoughts, and in all my actions, whether in my profession or out of it, became my one single idea. And I honestly believe herein lies the secret of my success in life. \(\text{Charlotte Cushman.}\)

We have reached the point where no woman dares say that her education is finished. \(\text{Alice Freeman Palmer, Ph.D.}\)

Duty only frowns when you flee from it; follow it, and it smiles upon you. \(\text{Carmen Sylva.}\)

To the child who never asked to be born, should a wise, free growth be allowed just as long as the parent lives. What right has one to bring an individual soul into the world and then through affection needlessly curb it? \(\text{Kate Gannett Wells.}\)

Are not the evil conditions in ourselves rather than in our circumstances? \(\text{Emma G. Loomis.}\)

Ignorance, in the midst of the refinements of society, is the most hateful of all mixtures. \(\text{Mme. de Staël.}\)

I do not see how we are to govern others unless we first learn to govern ourselves. \(\text{St. Catherine of Sienna.}\)

Think how brave a man has to be to turn the world’s standards upside down. When you come to think of it, though, that’s what all great men have done. \(\text{Margaret Deland.}\)
BESIDE the great queens, we find all down the stream of history, when a nation has been involved in extreme peril, it has happened that some woman—some Jael or Judith or Esther, some Maid of Saragossa or of Orleans—steps forth and saves the situation; and she has been duly lauded for her heroism to the skies, though occasionally left by her chivalrous countrymen to be burned at the stake.

*Frances Power Cobbe.*

Get leave to work

*In this world,—'tis the best you get at all;*

*For God, in cursing, gives us better gifts*

*Than men in benediction.*

*Elizabeth Barrett Browning.*

Does any man wound thee; not only forgive, but work into thy thought intelligence of the kind of pain, that thou mayst never inflict it on another spirit. When its work is done, it will never search thy whole nature again.

*Margaret Fuller.*

*In men this blunder still you find,*

*All think their little set mankind.*

*Hannah More.*

Where we find that we are not liked, we assert that we are not understood; when probably the dislike we have excited proceeds from our being too fully comprehended.

*Lady Blessington.*

Paradise is here, visible and tangible by mortal eyes and hands, whenever self is lost in loving, whenever the narrow limits of personality are beaten down by the inrush of the Divine Spirit.

*Mrs. Humphrey Ward.*
THEY who give the world a true philosophy, a grand poem, a beautiful painting or statue, or can tell the story of every wandering star; a George Eliot, a Rosa Bonheur, an Elizabeth Barrett Browning, a Maria Mitchell,—whose blood has flowed to the higher arches of the brain, have lived to a holier purpose than they whose children are of the flesh alone, into whose minds they have breathed no clear preceptions of great principles, no moral aspiration, no spiritual life.

Elizabeth Cady Stanton.

The study of science cannot but lead the thoughtful mind to draw sharper distinctions between the essential and the unessential.

Mary W. Whitney, A. M.

Dim eyes are the concomitants of old age; and shortsightedness in those that are the eyes of a Republic foretells a declining state.

Anne Bradstreet.

People think they know themselves because they are untried.

Frederika Bremer.

The finest feelings are the most easily ridiculed, and, where mockery enters, delicacy of feeling disappears.

Marie Bashkirtseff.

Earth's crammed with heaven,
And every common bush afire with God;
But only he who sees takes off his shoes.

Elizabeth Barrett Browning.

The first requisite to advancement is the self-reliance which results from self-discipline.

Harriet Martineau.
It was not the brilliant Jacob nor the gifted Alexander, but the little quaint home-bred Caroline, of whom nothing had been expected but to be up early and to do the work of the house, and to devote her leisure to knitting and sewing, in whom he [Sir William Herschel] found that steady devotion to a fixed purpose which he felt it was possible to link with his own.

Mrs. John Herschel.

There is nothing easier than to confound self-culture with selfishness, and yet never were two creeds more opposed. Annie Nathan Meyer.

I grant to the wise his meed,
But his yoke I will not brook,
For God taught me to read,
He lent me the world for a book.

Jean Ingelow.

Strive to do heroic acts, and these with greater perfection every day.

St. Teresa.

Wars are organized mobs. Clara Barton.

The worst drop of bitterness can never be wrung on to our lips from without; the lowest depth of resignation is not to be found in martyrdom; it is only to be found when we have covered our heads in silence and felt, “I am not worthy to be a martyr; the truth shall prosper but not by me.” George Eliot.

I wince under the pain of condemnation like any other weak structure of flesh and blood; but I love, I honor, I kneel to truth. Charlotte Brontë.
"You are getting into years." Yes, but the years are getting into you,—the ripe, rich years, the genial, mellow years, the lusty, lucious years. One by one the crudities of your youth are falling off from you,—the vanity, the egotism, the isolation, the bewilderment, the uncertainty. Nearer and nearer you are approaching yourself....your purposes concentrate, and your path is clear. On the ruins of shattered plans you find your vantage ground. Your broken hopes, your thwarted schemes, your defeated aspirations, become a staff of strength with which you mount to sublimier heights.

Gail Hamilton.

They understand little who understand only what can be explained.

Marie Ebner-Eschenbach.

Heredity may count for much, but environment is next of kin to destiny.

Mary Hill Willard.

We get out of our dullness as we do out of bad roads.

Mme. de Sévigné.

Show me the mothers of a country and I will tell you of its sons.

Mary Seymour Howell.

God did anoint thee with his odorous oil,
To wrestle, not to reign.

Elizabeth Barrett Browning.

Ah, you will never realize till you have tried it what an immense power over the life is the power of possessing distinct aims.

Elizabeth Stuart Phelps.
THINK of it well, ye men of might,
Who sit and watch by day and night
The signs of coming change, and see
Through that which is, what is to be.

Emily Pfeiffer.

For the truth itself,
That's neither man's nor woman's but just God's.

Elizabeth Barrett Browning.

Give her of the fruit of her hands; and let her own
works praise her in the gates.

King Lemuel's Mother.

Waste no tears,
Upon the blotted record of lost years,
But turn the leaf, and smile, oh, smile to see
The fair white pages that remain for thee.

Ella Wheeler Wilcox.

Into what mutual greatness they shall yet grow! We
have never seen the royal men and women who are to
illustrate God's ideal.

Frances E. Willard.

I held my people's good within my heart.
Behold, now I deliver it to you.

George Eliot.

She listened intently, and she said, "I hear a sound
of feet, a thousand times ten thousand and thousands
of thousands, and they beat this way."

He said, "They are the feet of those that shall follow
you. Lead on! make a track to the water's edge!
Where you stand now, the ground will be beaten flat by
ten thousand times ten thousand feet."

Olive Schreiner.
Topics and References in American History.

By Geo. A. Williams, Principal of Vermont Academy. Leatherette, 16mo, pp. 50. Price 50 cts.

The title indicates the plan and scope of the work. The history is taken up by topics from the earliest times to the administration of Cleveland. The references are largely given to magazines and to works written in popular style, rather than to standard histories, in the belief that the main point on the start is to awaken an interest. If the work is taken up topically with this little book as a guide to study and reading, "that hateful history" may be made the most delightful of studies.

From abundant testimonials we select the following:

It seems to me well prepared and likely to be very useful.—Martin B. Anderson, late president Rochester University.

I think your "Topics and References" is an admirable little manual for use in our academies and union schools. In fact it would be very useful for any student of American history. It is full, accurate, and free from all political bias.—Ebenezer Dodge, late president Colgate University.

I have looked over your Topics with genuine pleasure, and I see that you are doing your work in the right way. There is so much of humdrum work that such a method is an inspiring relief from the ordinary text-book methods.—Charles K. Adams, president Cornell University.

Thank you for the little book, which seems to me uncommonly well done. It is the fulfillment of my strong desire to see in various directions such a humanizing influence brought to bear on the teaching of history in our schools.—Col. Thos. W. Higginson, Boston, Mass.

I take a personal satisfaction in all such works as yours, for I was one of the first to adopt the new view of United States history of which your work is a type. It is hardly necessary to say that I admire your book. I had had it sent to me before by one of the Messrs Holts' agents as a model of what such a book ought to be, and I entirely agreed with him.—Prof. Alex. Johnston, Princeton College.

The first sentence in the preface of Mr. Williams's little pamphlet contains the secret of the general excellence of the publications of this publisher: "The main purpose in printing this little hand-book has been to save time in my own classes that would otherwise be consumed in copying." Most of Mr. Bardeen's books are born in the school-room, not in the study. That is a good place for a school-book to be born in.—School Gazetteer.

If this little volume were in the hands of all our teachers, the excuse for a good deal of nonsense in the name of history-teaching would be obliterated.—H. S. Howard, Jr., School Commissioner, Schuyler Co., N. Y.

We do not say it in the interests of the author or publisher, but for the benefit of the profession, that we know of no outline of historical topics that will compare with the above for completeness of arrangement and general suggestiveness to the teacher. Not only are the topics stated in historical and logical order, but copious and definite references to standard historical and literary works are given in connection with each. All teachers and students of history should have a copy of this work.—True Educator.

C. W. BARDEEN, Publisher, Syracuse, N. Y.
Home Exercise for Health and Cure.

Translated from the German of D. G. R. Schreber, M. D., by CHARLES RUSSELL BARDEEN. Cloth, 16mo, pp. 91, 45 Illustrations, 50 cts.

The teacher's work is confining, and leads to special physical defects. These are recognized in this manual, which provides "prescriptions," or combinations of exercises to meet certain needs. The exercises are for men and women alike, and there is not a teacher in America who would not profit by them.

See the strength of these recommendations.

An interesting manual which not only does not require a gymnasium, but even dispenses with Indian clubs, wands, and dumb-bells. The original treatise has had a wide circulation in Germany. It suggests the principles of the Delsarte system.—Atlantic Monthly, Feb., 1891.

In Germany 140,000 copies of this book have been sold, and American teachers would do well to make themselves familiar with a system of bodily exercise that is pronounced by competent authorities the best treatise on the subject extant.—Journal of Pedagogy, Oct., 1890.

The original of this book is almost as easy to find in German homes and school-rooms as the Bible. Its purpose is to give a system of physical exercise without any appliances, expensive or otherwise, so that men, women and children whose habits are sedentary may be enabled by a few moments of effort each day to overcome the physical ailments which beset those who have forgotten that the human body is a complex and delicate bit of machinery never intended to accustom itself to neglect. It is a small book, and the exercises may seem childishly simple, but no one can follow them for half an hour without having a clearer head and better spirits, as well as a sense of bodily weariness which shows how shamefully the system has been neglected.—New York Herald, Oct. 21, 1890.

It is certainly a most practical little book, more than usually interesting on account of the exact physiological effects described as the object of each exercise.—The Educational Review, Oct., 1890.

I have carefully read the translation from the German of the beautiful and valuable little volume on Home Exercise. I regard it as one of the best contributions of this age in the line of physical education. It is simple, full of common sense, and peculiarly adapted for use in schools. Every man, woman, and child would be better off physically if they studied and carried into effect the methods made so plain in this unique little volume. I cannot commend it too highly.—C. H. McCormick, director of Y. M. C. A. Gymnasium, Syracuse, N. Y., Oct. 24, 1890.

Of all the books on gymnastics we have ever seen, we pronounce this the best. The simplicity, the common-sense quality of the exercises, stamp it at once as a work of sterling value and of great worth. We would like to see a copy on the desk of every teacher in the country. It would improve the next generation about ten per cent.—Educational Co,rand, Oct. 1890.

C. W. BARDEEN, Publisher, Syracuse, N. Y.